WEEK # 3	Menu 2019	WEEK#3
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	WEEK#3			Wenu 2019			WEER # 3
				Breakfast Menu Items	For The Week		
	Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas
	22-Apr MONDAY	23-Apr TUESDAY	24-Apr WEDNESDAY	25-Apr THURSDAY	26-Apr FRIDAY	27-Apr SATURDAY	28-Apr SUNDAY
	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Hamburger Soup	Cream of Chicken	Rice Soup
D I N N E R	Marinated Steak and Onion Mashed Potatoes	Sweet and Sour Pork Mashed Potatoes	Chicken Nuggets Mashed or	Salisbury Steak with Fried Onions and Mushroom	Poached Fish White Sauce Mashed Potatoes	BBQ Pork Riblet Mashed Potatoes Rice pilaf	Turkey Dressing Gravy Mashed Potatoes
	Yellow Beans	Rice Pilaf Broccoli	Roasted Potatoes Carrots	Mashed or Baked Potatoes Cauliflower	Peas	Green Beans	Corn
	Pears	Squares	Apple crisp	Melon	Peaches	Grapes	Pie
	Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	* Hamburger Soup	Corn Chowder	Rice Soup
S U P E R	Chicken Sandwich Cole Slaw	Rappie Pie Brown Bread	Spaghetti and Meatsauce Garlic Bread	Pancake Sausage	Chicken Stew Biscuit	Biscuit	Corned Beef Hash Chow chow
	Tomato Soup Cake	Fruit Cocktail	Pudding	Pineapple Cake	Pumpkin Tarts	Apple Sauce	Blueberry Cobbler
	Menu may change with	out notice		1			
	HS Snack Menu						Crackers With Peanut Butter
	Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	or Cheese